



HELPING YOUR LOVED ONES FEEL BETTER. LIVE BETTER. TOGETHER.

Confidential therapy, counselling, coaching and tools for your spouse, child and teen.

- Autism, ADHD, self-esteem
- Anxiety, depression, stress
- And much more!
- Parenting
- Sleep

**SAMUEL**¹⁸⁵⁵

AVAILABLE TO EVERYONE

Confidential,
24/7 support:

 guidanceresources.com
Web ID: SamuelEAP



1-866-365-0893

HAVE MEDICAL COVERAGE?

Comprehensive,
long-term support:

 myuhc.com



1-855-272-7976